













## INDIRA GANDHI NATIONAL CENTRE FOR THE ARTS

in collaboration with

SANSKRITI FOUNDATION

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INTERNATIONAL DAY OF



(with staff members)

on

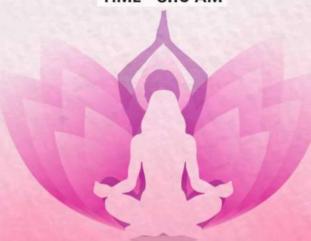
June 2023

Venue: Sanskriti Kendra Anandagram, Mehrauli Gurgaon Road, New Delhi- 110047

## **YOGABHYAS**

with Yoga trainer Shri Binay Kumar Thakur

TIME- 8:15 AM



## Lecture

'Deeper Aspects of Science of Yoga' by Dr. Alka Tyagi

TIME- 9:15 AM

Note: Departure from IGNCA by buses-7:00 AM







